

# CHAD M. GONZALES MD / CAROLINE R. TADROS MD

Date of procedure: \_\_\_\_\_

Check in Time: \_\_\_\_\_

## Instructions for Endoscopic Procedures (EGD, Enteroscopy Colonoscopy, and ERCP)

### 5 Days before examination:

- Discontinue any medications that contain aspirin, i.e. (Alka Selzer, Excedrine, Ecotrin, Bayer, etc.)
- Do not take any anti-inflammatory medication, i.e. (Advil, Motrin, Ibuprofen, Celebrex etc.).
- If you are on a blood-thinning medication (Coumadin, Plavix, Effient, Argatroban, Aspirin, etc) this will also need to be discontinued, please notify your primary care physician or our office at (801) 387-2550.
- If your procedure is at McKay-Dee Hospital, please call Admitting to pre-register at (801) 442-8600.
- If your procedure is at Mount Ogden Surgical Center, The surgical center should attempt to pre-register you the evening before your procedure and let you know when to check-in. **They will call you with your check in time.**
- If your procedure is at Ogden Regional Medical Center, the hospital should attempt to pre-register you the evening before your procedure. If they do not get a hold of you, don't worry about it, they will register you when you check in for your procedure.

### The Day of the Procedure:

- Nothing to eat or drink after midnight. (NPO)
- You must bring a driver with you. You will be sedated for this procedure. Your driver will be asked to wait in the waiting area during the exam. The physician will need to talk with them when the exam is finished. We recommend you do not drive for at least 12 hours following the procedure.
- Check in directly at the physician's office at the appointed time to complete the necessary paperwork. You will then be directed where to go for the procedure. The hospital requires valid picture ID upon check in.
- Please leave all valuables and jewelry at home. You will not be allowed to wear any jewelry or body piercings during your procedure. No children under the age of 14 will be allowed.

**Medications-** you may take your regular medications the day before the exam. Patients on blood pressure medications can take their blood pressure medications that morning. Do not take other medications the day of the exam, unless you have OK'd it with your doctor.

**Diabetics-** if you are diabetic, please take a reading of your blood sugar before coming in for your exam, and bring it with you. If you take oral medications, take half your normal dose. If you are taking insulin, please bring your insulin with you. If you have any questions regarding your dosage, please contact the physician you are seeing for your diabetes.