



McKay Dee Hospital Endoscopy Lab
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Esophageal Manometry

What is an Esophageal Manometry? Esophageal Manometry is a test to measure the strength of the esophageal muscles. A catheter is placed through your nose to your stomach. This senses the pressure in the esophagus. Results can help identify causes of heartburn, swallowing problems, or chest pain. The test can also help plan for surgery and determine the success of previous surgery.

Preparing for the test – Do not eat or drink anything after midnight. The test will last approximately 1 ½ hours.

During the test – During the test you will be asked to swallow water at different increments. The motility measurements will be taken while swallowing. Measurements are printed out as a tracing and given to your doctor. You may contact your physician in 10 days for results.