

OGDEN GASTRO



4403 Harrison Boulevard Ste 4410
Ogden, Utah 84403

CHAD GONZALES, M.D.

Date of Procedure: _____ **Check In Time:** _____

Facility: MCKAY DEE HOSPITAL SUITE 2670/ RIDGELINE ENDOSCOPY

EGD INSTRUCTIONS

If you are having an EGD with dilation or difficulty swallowing please stop any blood thinners, Aspirin, non-steroidal anti-inflammatory products! If you take any of these medications your risk of bleeding after polyp removal/biopsies may increase. Even if you take these medications occasionally, we will want you to discontinue **5 DAYS PRIOR TO YOUR EXAM.** If you take anti-clotting medications such as Coumadin, Plavix, Pradaxa, Argatroban, Effient, Brilinta, or Xarelto, then please discuss these medications with prescribing physician. **Please let us know if you are not allowed to stop these medications or if you are advised to use Lovenox or Heparin prior to you EGD.** If you are diabetic, your primary care physician will advise you how to manage your medications prior to the procedure.

Day of your exam:

Nothing to eat or drink after midnight. (NPO)

Remember not to have any food until after your procedure!!

MEDICATIONS: you may take your regular medications the day before the exam. Patients on blood pressure medication can take their medications that morning. Do not take other medications the day of the exam, unless you ok'd it with your doctor.

DIABETIC: if you are diabetic, test your blood sugar before coming in for your exam and bring the reading with you. If you take oral medications, take half your normal dose. If you are taking insulin, bring the insulin with you to your exam. If you have any questions please contact the physician you are seeing for your diabetes.

You will be sedated for your procedure and **MUST** have someone who can remain with and drive you home after your procedure. If you are planning to take a taxi home, then a friend or family member 18 years of age or older must accompany you.

YOUR EXAM WILL NOT BE PERFORMED IF THERE IS NOT A RESPONSIBLE ADULT TO ACCOMPANY YOU HOME.

Plan on being at the facility for 2-3 hours.

Wear comfortable clothing. Bring your glasses, hearing aids, insurance cards and completed information forms, if applicable. Avoid bringing valuables.

If you must cancel or reschedule your procedure, then you must give us notice 2 full business days in advance. **Failure to do so will result in a \$100 cancellation fee.**

Additional information is available on our website: www.ogdengastro.com

PLEASE CONTACT OUR OFFICE IF YOU HAVE ANY ADDITIONAL QUESTIONS. (801) 387-2550